Caritas Poland helps foreigners to start their living in our country. We have prepared free mobile app “First steps in Poland”, which contains a lot of useful information, such as:

* Asylum procedure – how to get international protection
* Social and medical care
* Work and education
* Current events
* Other organisations that help foreigners
* Poland – the country we live in

This app is designed to help anyone, whether you are a student or not. If you were not born in Poland, but you have been living here because of many reasons, please try to check it – it should be useful.

The application is constantly updated - news about current events, trainings, different types of support e.t.c throughout the country can be found.

We have also prepared posters with a QR code so our app can be easily downloaded. This poster is shown at your University, too!